

State	From Location	To Location	Waterway(s) Primary Paddling Trail	Approximate Distance (miles)
VA	Mouth of Lynnhaven River at Chesapeake Bay	North Landing River/North Carolina Border	Lynnhaven River, London Bridge Creek, West Neck Creek, North Landing River	30
NC	Virginia/North Carolina Border	Grandy	Intracoastal Waterway, Tull Bay, Currituck Sound, Coinjock Bay	25
NC	Grandy	Manteo	Currituck Sound, Albemarle Sound, Roanoke Sound	30
NC	Manteo	Pea Island National Wildlife Refuge	Roanoke Sound, Pamlico Sound,	20
NC	Pea Island National Wildlife Refuge	Hatteras	Pamlico Sound	35
NC	Hatteras	Ocracoke	Pamlico Sound	15
NC	Ocracoke	Cedar Island	Pamlico Sound, Core Sound	20
NC	Cedar Island	Beaufort, NC	Core Sound, Back Sound	35
NC	Beaufort, NC	Hammocks Beach State Park	Intracoastal Waterway, Back Sound, Bogue Sound	40
NC	Hammocks Beach State Park	North Topsail Beach	Intracoastal Waterway, Chadwick Bay	15
NC	North Topsail Beach	Wrightsville Beach	Intracoastal Waterway, Chadwick Bay, Alligator Bay, Everett Bay, Stump Sound, Topsail Sound, Middle Sound	35

NC	Wrightsville Beach	Southport	Intracoastal Waterway, Masonboro Sound, Myrtle Sound, Snows Cut, Cape Fear River	25
NC	Southport	Little River, at North Carolina/South Carolina Border	Intracoastal Waterway, Cape Fear River, Lockwoods Folly River,	30
SC	Little River, Intracoastal Waterway at North Carolina Border	Sacastee	Little River, Intracoastal Waterway	35
SC	Sacastee, lower Pee Dee and Waccamaw	Georgetown	Great Pee Dee River, Waccamaw River, Intracoastal Waterway	30
SC	Winyah Bay at Georgetown	McClellanville	Intracoastal Waterway, North Santee River, Esterville Minim Creek Canal, Winyah Bay	40
SC	McClellanville	Charleston	Charleston Harbor, Intracoastal Waterway, Bulls Bay, South Santee River	50
SC	Charleston	Edisto Island	North Edisto River, Wadmalaw River, Stono River, Elliot Cut, Wappoo Cut, Charleston Harbor	50
SC	Edisto Island, the ACE Basin	Beaufort	Morgan River, St. Helena Sound, Ashepoo River, South Edisto River, Dawho River	30
SC	Beaufort	Savannah River/Georgia Border	Savannah River, Cooper River, Mackays Creek, Port Royal Sound, Beaufort River, Coosaw River	60
GA	Savannah River/Georgia Border	Hogans Marina	Turner Creek, Bull River, Lazaretto Creek, Tybee Creek	12
GA	Hogans Marina	Skidaway Narrows Community Park	Skidaway River, Wilmington River, Turner Creek	8
GA	Skidaway Narrows Community Park	Fort McAllister Marina	Ogeechee River, Rockfish Creek, Grove River, Little Ogeechee River, Vernon River, Burnside River, Skidaway River	16

GA	Fort McAllister Marina	Medway River	Medway River,Bear River,Kilkenny Creek,Ogeechee River	20
GA	Medway River	Doboy Sound	Doboy Sound,Barbour Island River,South Newport River,Timmons River,Medway River	27
GA	Doboy Sound	Blue-N-Hall Boat Ramp	Carnigan River,Front River,Doboy Sound	12
GA	Blue-N-Hall Boat Ramp	Champney Boat Ramp	Champney River,Darien River,May Hall Creek	11
GA	Champney Boat Ramp	Gascoigne Bluff	Frederica River,Altamaha River,Champney River	15
GA	Gascoigne Bluff	Jekyll Sound	Jekyll Sound,Jointer Creek,Plantation Creek,St Simons Sound,Federica River	14
GA	Jekyll Sound	Cumberland Island National Seashore - Brickhill	Brickhill River,Cumberland River,Floyd Creek,Satilla River,Dover Creek,Little Satilla	13
GA	Cumberland Island National Seashore - Brickhill	St Marys Waterfront Park	St Marys River,Cumberland Sound,Brickhill River	19

TOTAL 817